Factors regulating energy expenditure and heat balance in reindeer Arnoldus Schytte Blix¹

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Reindeer are able to maintain a thermogradient between body core and the environment of up to 100°C. This is in part due to prime insulation by fur (Hammel, 1955; Moote, 1955), controlled peripheral cooling by means of counter-current vascular heat exchange in the legs (Irving & Krog, 1955) and counter-current vascular heat exchange in the nasal passages (Blix & Johnsen, 1983). By such protective means the lower ciritical temperature of the Svalbard reindeer, for instance, is as low as -50°C in winter, when resting metabolic rate is only 66% of the summer value (Nilssen et. al., 1984). The seasonal changes in metabolic rate are hardly a result of reduction of basal metabolic rate, but are rather due to seasonal changes in food intake which in turn is determined by seasonal changes in appetite, regulated by photo-period (Nilssen et al., 1984). In reindeer with prime winter insulation and few avenues of heat loss grave thermal problems are incurred when the animal is forced to run to avoid predators, since a trotting speed of only 10 km·h-1 increases metabolic rate some 4 times (Nilssen et al., 1984; Fancy & White, 1986). In such situations skin temperature is brought close to core temperature, allowing heat to be dissipated through the fur, and the counter-current vascular heat exchange in legs and nose eliminated (Johnsen et al., 1985, Folkow & Mercer, in press). Moreover, the vascular heat exchanger in the nose is now operated in conjunction with a carotid rete for selective cooling of the brain, while heat is stored in the rest of the body (Johnsen et al., 1985).

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